

Barone and Catania Cardiovascular Group

Test Preparation

❖ Chemical Stress Test with Nuclear Imaging (Allow 4-5 hours)

*Preparation: Do not eat or drink after midnight prior to testing. No caffeine, decaffeinated drinks or chocolate 24 hours prior to test. You must not take the following medications for 48 hours before test: Persantine, Trental, Viagra, Theophylline and drugs containing Aminophylline.

- Wear comfortable clothing, exercise shoes and a short sleeve shirt. Bring a jacket or long sleeve shirt with you.
- A complete explanation of the procedure will be given to you at the time of testing.
- An I.V. will be started and resting images of the heart will be performed.
- Following the stress test the technologist will give you a time to return.
- You will have a rest period of 1-2 hours. Bring a book or magazine with you.

❖ Treadmill Stress Test with Nuclear Imaging (Allow 4-5 hours)

*Preparation: Do not eat or drink after midnight prior to testing.

- Wear comfortable clothing, exercise shoes and a short sleeve shirt. Bring a jacket or long sleeve shirt with you.
- A complete explanation of the procedure will be given to you at the time of testing.
- An I.V. will be started and resting images of the heart will be performed.
- Following the stress test the technologist will give you a time to return.
- You will have a rest period of 1-2 hours. Bring a book or magazine with you.

BRING FOOD OR SNACK WITH YOU AT VISIT. TECHNOLOGIST WILL LET YOU KNOW WHEN YOU ARE ABLE TO EAT AFTER IMAGING IS COMPLETE.

ANYTHING LESS THAN 24 HOURS NOTICE FOR A CANCELLATION WILL RESULT IN YOU BEING RESPONSIBLE FOR THE COST OF MEDICATION THAT IS NEEDED FOR YOUR TEST.